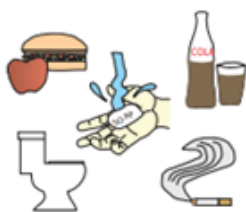


Safety Tips

HOW TO PROTECT YOUR SKIN



- Wear clothes with long sleeves and long pants, shoes or boots, socks, a hat and/or scarf, and gloves
- Make sure they are clean and without holes



- Always wash your hands before eating, drinking, smoking, chewing gum, using your phone, or going to the bathroom
- Do not cook food with wood found in the field



- Pesticides can get on work clothes and then on your skin
- Wash work clothes before wearing them again
- Wash work clothes separate from other clothes



- Take a bath or shower as soon as you get home from work and before any contact with children or family
- Wash with soap and water, and use shampoo on your hair
- Put on clean clothes

WHAT TO DO IN CASE OF ILLNESS



- Pesticides can get on your skin and clothes when you touch treated plants, soil, irrigation water, tractors, and other equipment, on used personal protective equipment, or are exposed to spray drift
- They can move from your clothes and onto your skin
- Some pesticides can easily go through your skin and make you sick
- Tell your employer immediately if you are sick (headache, stomach ache, vomiting, dizzy) or hurt at work
- He or she must make sure you are taken to a doctor

Have someone else drive you to the doctor if you are sick or injured. DO NOT DRIVE YOURSELF

FIRST AID



- Wash immediately with the closest clean water if pesticides are spilled or sprayed on your clothes or skin
- Change into clean clothes
- Tell your employer about the spill after washing



- Wash if your eyes or skin begin to itch or burn
- Use lots of water
- Tell your employer you should go to a doctor

ALWAYS REMEMBER



- Never put pesticides in food or drink containers
- Do not take farm pesticides or their containers home

STAY SAFE!



- Keep children and family away from pesticides
- Follow directions about keeping out of treated areas and application exclusion zones